

RTT Training:

Experiential Training for Practitioners:

May 12th-15th, 2023



SCHEDULE OF EVENTS PAGE 1*

ACTIVITY	DESCRIPTION
Intakes	Participants to complete referral package for medical screen with Dr. Kryskow over zoom
Asynchronous Component (Watch on your own time)	Promoting Resilience: The Factors that Matter Returning to self-awareness, self-regulation, self-compassion and living a calling <i>(To be sent out prior to Virtual CoP—video to be viewed prior to CoP)</i> Videos/documents to be sent out by April 17th <ul style="list-style-type: none">• Intention setting and pillars of strength• UPR CoP• Touch Protocols
Preparation Virtual CoP (2 hours) Friday April 28th 6-8pm	Forming as a Community of Practice: <ul style="list-style-type: none">• Foundations and Intentions• Compassionate witnessing role modeled• Setting up Buddy system: medicine/prep/integration• Co-regulating/down regulating with pause practices
Preparation Virtual CoP (2 hours) Thursday May 4th, 6-8pm	Preparing ourselves and supporting another: <ul style="list-style-type: none">• Introduce the 1:1 peer prep session/integration• Case scenario practice/prep• Break out into smaller rooms/facilitator offer guidance/oversee the process

*times/dates subject to change

SCHEDULE OF EVENTS PAGE 2*

times/dates subject to change



ACTIVITY	DESCRIPTION
Friday May 12th 9am-5pm First Group KaT Sit In person 8-hour day	Topics to cover: <ul style="list-style-type: none">• Ceremony: the importance of ritual and structure• Energy Medicine• Direct Ketamine Assisted Therapy and Integration
Saturday, May 13th 10am-4pm 2nd Group KaT Sit In person 7-hour day	Topics to cover: <ul style="list-style-type: none">• Ceremony: the importance of ritual and structure• Energy Medicine• Direct Ketamine Assisted Therapy and Integration
Sunday May 14th 9am-5pm First Group KaT Sit x 2 In person 7-hour day	Topics to cover: <ul style="list-style-type: none">• Ceremony: the importance of ritual and structure• Energy Medicine• Direct Ketamine Assisted Therapy and Integration
Monday May 15th 2nd group, 2nd KAT sit 10-4pm 2nd Group KaT Sit x 2 In person 7-hour day	Topics to cover: <ul style="list-style-type: none">• Ceremony: the importance of ritual and structure• Energy Medicine• Direct Ketamine Assisted Therapy and Integration
Tuesday May 16th Integration Virtual CoP Monday April 3rd Experiential Medicine 6-8pm	Integration: <ul style="list-style-type: none">• Group integration• Peer 1:1 for integration and support