

Experiential Training for Practitioners

ACTIVITY	DESCRIPTION	TEAM
INTAKE	Have your physician complete the RTT referral form Book an Eligibility Review	Julia Rebecca
Asynchronous Component (Watch on your own time)	Promoting Resilience: The Factors that Matter Returning to self-awareness, self-regulation, self-compassion and living a calling <i>(To be sent out prior to Virtual CoP—video to be viewed prior to CoP)</i>	
Preparation Virtual CoP (2 hours)	Forming as a Community of Practice: <ul style="list-style-type: none"> • Foundations and Intentions • Compassionate witnessing role modeled • Setting up Buddy system: medicine/prep/integration • Co-regulating/down regulating with pause practices 	
Preparation Virtual CoP (2 hours)	Preparing ourselves and supporting another: <ul style="list-style-type: none"> • Introduce the 1:1 peer prep session/integration • Break out into smaller rooms/facilitator offer guidance/oversee the process 	TBA
In Person Meet and Greet in the Evening	On the eve of the first KaT session, there is a meet and greet: space orientation, preparation and integration support and case scenario practice/prep.	TBA
Weekend day 1 9am-4pm First Group KaT Sit In person 8-hour day	Topics to cover: Ceremony: the importance of ritual and structure Direct Ketamine Assisted Therapy and Integration	TBA
Weekend day 2 9-4pm 2nd Group KaT Sit In person 8-hour day	Topics to cover: Ceremony: the importance of ritual and structure Direct Ketamine Assisted Therapy and Integration	TBA
Integration Virtual CoP —week post Experiential Medicine	Integration Group Peer 1:1 for integration	TBA

* Please note times are subject to change for the experiential component —treat this as a loose guide*